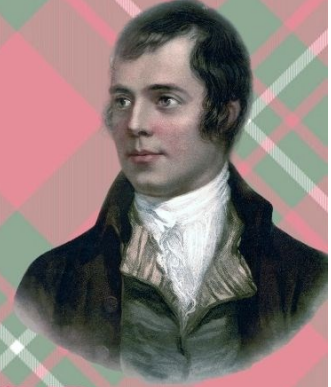




Rousay Community Association



SCIO hosts
ROUSAY



BURNS SUPPER DINNER AND DANCE

SATURDAY 25TH JANUARY 2025

£12.50 FOR ADULTS, £5 FOR UNDER 16,

UNDER 5S FREE, DANCE ONLY - £5

CHILDREN MUST BE ACCOMPANIED BY

AN ADULT AT THIS EVENT

MENU: HAGGIS, MINCE, CLAPSHOT / VEGGIE

OPTION AVAILABLE

DOORS OPEN FROM 6:45PM,

DINNER SERVED AT 7:30PM

LOCAL ROUSAY SPEAKERS

RAFFLE AT 11PM

DANCE TO

THE CRAIG MAINLAND DANCE BAND

ROUSAY CINEMA

Presents



After living life on the edge in London, Rona attempts to come to terms with her troubled past. Hoping to heal, she returns to Orkney where she grew up.

Saturday 11th January
Rousay School - 8.00pm
Cert 15 - 1 hr 58 mins

Silver collection for funds



Rousay Church of Scotland

Service led by the Very Rev. Susan Brown

on Saturday 11th January 2025

at 3.30 pm

in the G.P. Room, Rousay School

followed by tea, coffee and homebakes.

All welcome – see you there!

Tri▲ngle
Club

Happy New Year!

The Triangle Club will return on the

7th January 2025

in the Rousay School

Community Room

from 10am to 2pm

for fun games, coffee, a chat and a

£6 soup & sandwich lunch,

followed by tea & homebakes.

We will then meet on the

14th, 21st and 28th January.

Please let Alice Mainland know each
Sunday if you plan to come for lunch for
catering purposes.

Thank you so much for supporting
our Christmas card fundraiser.

We raised £95 for Club funds.

Thank you!



FREE TRADITIONAL DANCE CLASSES

After the brilliant dancing at the Harvest Home, come along to refresh & add to your dance repertoire before the Burns Supper!

With dance tutor, Mabel Besant (from Hoy).

Next Class - Friday 10th January

From 7:30pm to 9:30pm

(including a break for tea and cake!)

In the Hall/Community Room at Rousay School

All fitness abilities and ages welcome - children are warmly invited too!

See you there!

Please register your interest with Alice Mainland, to help gauge numbers!

alicemnlnd@btinternet.com



The Rousay SWI meets on
Tuesday 14th January at 8pm in the Rousay Community School

A representative will give a talk on the **work of the Community Council**

Competitions

1. 3 cheese scones
2. Handwriting – a handwritten version of Burns' Selkirk Grace

Refreshments provided and raffle tickets on sale
Gentle reminder to those who have not yet paid their dues-please bring £10 cash

We look forward to seeing you there!



www.rewdt.org

Company Registration No: SC318527 Charity No: SC040407

Rousay, Egilsay & Wyre Development Trust

REWDT, The Pier Cabin, Rousay, Orkney KW17 2PU Tel: 01856 821229 email: info@rewdt.org



Message from the REWDT Youth Worker:

Many thanks to everyone who came along for the Lego Club and KGS group. That's the first block all finished this week and it's been great fun getting to know you all. Please feel free to share any ideas or suggestions for improvement within your groups, if you have any. New dates for the next blocks will be shared, via the Newsletter and FaceBook, when the new school term begins.

Exciting activities in the New Year and beyond will also include, BookBug Sessions, a new Bumble Bee workshop with the RSPB, Tai Chi taster sessions for those looking to take on 2025 with a kick and much more! Further details and information to follow!

Wishing everyone a very Merry Christmas and thank you for all of your support and participation.

Rachel
rachel@rewdt.org



Free Pampering and Wellbeing sessions



January and February 2025 dates now available!

**Monday 27th January and Monday 24th February-
appointments between 4pm and 8.30pm**

**New venue- Now at The Space with Beauty by
HanHan**

Choose one Free 30 Minute Treatment:

Mini Manicure

Mini Pedicure

Facial

Back, neck & shoulder massage

Includes foot passenger ferry travel for Egilsay & Wyre residents

Community Transport also available if required

To book your free place email nicky@rewdt.org

or phone 821229



Funded by the Communities Mental Health &
Wellbeing fund from VAO & Scottish
Government!





Rousay Visiting Podiatry Service

WALKABOUT PODIATRY SERVICE

Gemma Reid, BSc Podiatry
Podiatrist



HOME VISIT SERVICE

Treatment of a variety of foot problems
hpc Registered

Gemma Reid, Podiatrist, is
next in Rousay on Tuesday
21st January 2025

Clinic Appointments are in the Small
Community GP meeting room at Rousay
School.

Community Transport is also available
and can be booked once you have an
appointment time by emailing
transport@rewdt.org or telephoning
07591 341670

Home visits can be arranged.

Appointments are £35 payable direct to Gemma at
the time of your appointment. The REWDT
Wellbeing 200 Grant can also be used to fund
appointment cost- terms apply.

To book an appointment or to find
out more please email
Nicky@rewdt.org or phone 821229



a partnership project

How have we been doing? 2024 in review

Drop in to see what we have been up to over the year, progress made, our activities and projects. Tell us what you want the Trust to be doing in the coming year and give us your ideas for the long-term future of Rousay, Egilsay and Wyre. Friday evening 17th January and Saturday afternoon 18th January at the School.

Refreshments will be available from Brinian Bakes.

REWDT Winter Fuel Grant

The REWDT Winter Fuel Grant is now open for applications!

- £150 funding available to **ALL** households affected by the current cost of living.
- An additional £150 payment is available to households adversely affected by current high energy costs or who meet one of the following conditions: a) Senior Citizen b) Long Term Illness c) Disability d) Low Income e) Live Alone f) Children Under 18.

Payments will be made directly to the applicant's electricity account or to their pre-pay 'top-up' key card.

For more information, or to apply, please visit our website www.rewdt.org/grants, email grants@rewdt.org or call the office on 01856 821229.



**REWDT Fuel Grant
2024-25**

£150 grant funding open to **ALL** REW households affected by the current cost of living.

An additional £150 funding open to those households adversely affected by high fuel costs or who meet certain criteria.

Further information and T&Cs can be found on our website or get in touch for more information.

 grants@rewdt.org
 01856 821229
 www.rewdt.org

 Pier Cabin, Rousay
drop in Mon-Wed
9am-12:30pm





ROUSAY HEALTHY LIVING CENTRE

JANUARY 2025

Happy
New
Year



All Standard RHLC Opening Hours and Group X Classes will Resume from Saturday January 4th

SUPERVISED SESSIONS

MONDAY 7 - 9pm

TUESDAY 7 - 9pm

THURSDAY 6 - 9pm

SATURDAY 4 - 5pm

If there are no gym users at 15 minutes past the last session hour start time the RHLC will close early.

BUDDY SYSTEM HOURS

MONDAY - FRIDAY

9am to 3pm

During school term.

At least two gym members must be present at all times.

Please remember to sign in at school reception on arrival.

GROUP X CLASSES

FATBURN
EXTREME

FBX is a fixed 20 minute, maximal intensity workout with no dictated rest periods. The sessions are comprised of body weight exercises (eg. push ups, squats, lunges). You'll work as hard as you can for the full 20 minutes, resting when you need to!

Monday @ 7.15pm

BOXERCISE[®]

Boxercise is a circuit class based on the movements and training concepts used in boxing. Everyone is welcome whatever their age and athletic ability, so it's perfect for beginners. A great class that's empowering and fun. We do not punch people, just pads!

Tuesday @ 7.15pm

We are looking into the possibility of making some changes to our session times.

Please let us know if you have any suggestions.

Tel: 01856 821 443

Email: rousay.hlc@glow.orkneyschools.org.uk

Stephen Clackson's Letter from School Place

Championing the communities of the North Isles, both the ferry-only-linked and the air-linked.

There has been a lot going on at Orkney Islands Council in the run-up to Christmas. Since my last [Letter](#), I have attended members' briefings with the OIC Chief Executive, a budget-setting consolidation seminar, a seminar on the Orkney World Heritage Gateway and Islands Growth Deal, a seminar about strategic offshore energy development, two all-day meetings of the Policy & Resources Committee, refresher training for the Monitoring & Audit Committee, a General Meeting, and a Special General Meeting (on our Strategic Offshore Energy Development Strategy). In addition to these "real" meetings, I've had "virtual" meetings of the UHI Foundation, the Orkney Housing Market Partnership, and the Dounreay Stakeholder Group. I've also chaired the Orkney end of a "blended" meeting of the Orkney & Shetland Valuation Joint Board.

Our big task early in the new year will be to set the Council's budget for 2025/26. This becomes an ever more onerous task as finances tighten. Provided their budget proposals are approved, there is some good news from the Scottish Government, with extra funding for our ferries and free travel on those ferries (the Isles' buses) for the under-22s in the offing. However, OIC will still need to balance its own budget by a combination of increasing income and making cuts. To help inform our decisions, the public is invited to complete the "Our Budget Challenge" survey (deadline 12th January), a link to which can be found at the top of the Council website or directly at <https://www.smartsurvey.co.uk/s/AA8ROT/>. Just like the many ward constituents who have contacted me, I recognise the shortcomings and biases of this survey. Sanday Community Council made some cogent comments about it in their letter to *The Orcadian* (19th December, page 32). There are several proposals in the survey that would chip away yet further at the sustainability of our island communities were they to be adopted: charging for pupils to stay at the Papdale Halls to attend extra-curricular activities; charging for Hall placing requests; charging for our rubbish bags; removal of home-based registrars. So I urge North Isles residents of all ages to make their views known by completing the survey and making copious use of the comments boxes. I need the evidence of public opinion to champion our communities and defend their services.

Incidentally, I find the recently in-vogue term "ferry-linked isles" a misleading one, as it does not distinguish between the "ferry-only-linked isles" and the "air-linked isles" whose respective challenges differ. So, like the term "internal ferries" (which separates our ferries and their funding from the overall Scottish ferry network), I would like to discourage the use of this term.

Over the years, since the early 1990s when I lived in Aberdeen, Robbie Shepherd occasionally indulged my requests to play Harry Gordon's "Inversnecky" songs on his Sunday lunchtime "Reel Blend" programme on BBC Radio Scotland. And on the 7th January 2019, when my "Musical Milestones" were broadcast on BBC Radio Orkney, one of the twelve tracks played was Harry Gordon singing "The Bells of Inversnecky". Where is Inversnecky? I hear you ask. When I posed this question to an esteemed professor of the UHI's Institute for Northern Studies, the response was "Inverness". However, I remained firmly of the school that "Inversnecky" is a coastal village near Aberdeen—nothing at all to do with Inverness. So it was reassuring recently to come across the following confirmation in the book "The Granite City" by Robert Smith: "When people asked where it was, Buff Hardie and his colleagues [*Scotland the What?*] reeled off a list of North-East villages—Maud, Methlick, Udny, Rhynie, Foggie and so on—and then said it wasn't any of them. But, they added, it **could** be one of them."

I wish all readers of my *Letter*, from Seal Skerry to Inversnecky, a happy, healthy and prosperous 2025.



Cllr Dr Stephen Clackson
Member for the North Isles Ward,
Depute Convener Orkney & Shetland VJB

West Manse, Sanday
stephen.clackson@orkney.gov.uk

Letter from School Place is also
available on-line at clackson.info

Photo credit: Stephen Clackson

