



The Review

Rousay's Community Newsletter

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FEBRUARY 2025

ROUSAY CINEMA

Presents



When Cardinal Lawrence is tasked with leading one of the world's most secretive and ancient events, selecting a new Pope, he finds himself at the centre of a conspiracy that could shake the very foundation of the Catholic Church.

Saturday 22nd February
Rousay School - 8.00pm
Cert 12A - 2 hrs

Optional silver collection for funds

Edited by: Kayleigh Tipper, on behalf of Rousay Community Association SCIO

Subscribe / Submit Articles: kayleigh@aroundrousay.co.uk

Deadline for submission of articles for the next edition: 27th February 2025, 5pm



REW Heritage SCIO

AGM

Rousay Community School

Sunday 09 February 2025,

at 2 p.m.

Everyone is welcome to
attend to find out about our
projects.





Rousay, Egilsay & Wyre Development Trust

Company Registration No: SC318527 Charity No: SC040407

REWDT, The Pier Cabin, Rousay, Orkney KW17 2PU Tel: 01856 821229

email: info@rewdt.org website: www.rewdt.org



REWDT Drop-In Consultation and Feedback

Lots of good ideas were discussed and written down at the Trust's Drop-In sessions on 17th and 18th January. We updated you on progress with Trust activities and projects during 2024, and asked for your ideas and concerns for 2025. These will be factored in to our work as far as possible in the coming year. Almost 50 people came to talk to us over the 2 days., and many thanks to those who came along or sent their completed questionnaire to us. Meanwhile, the questionnaire on possible waterfront developments down by the pier is still available. Please do complete a copy either on paper or on-line and get it back to us. You can find it on-line here:

<https://www.surveymonkey.com/r/RousayMarina> or ask at the office for a paper copy.



**Free
Pampering
and Wellbeing
session**



**Last few spaces remaining for the February date
are available to book!
Monday 24th February
appointments between 4pm and 8.30pm
At The Space with Beauty by HanHan**

Choose one Free 30 Minute Treatment:

Mini Manicure

Mini Pedicure

Facial

Back, neck & shoulder massage

Includes foot passenger ferry travel for Egilsay & Wyre residents

To book your free place email nicky@rewdt.org

or phone 821229

Funded by the Communities Mental Health &
Wellbeing fund from VAO & Scottish
Government!



REWDT Grants awarded to residents & groups December 2024

22 Fuel Grants

3 Well-being Grants

2 Education & Skills Bursaries

1 Education related Travel Grant



**Total amount awarded in December:
£ 8,192.50**





Rousay Visiting Podiatry Service

WALKABOUT PODIATRY SERVICE

Gemma Reid, BSc Podiatry
Podiatrist



HOME VISIT SERVICE

Treatment of a variety of foot problems
hpc Registered

Gemma Reid, Podiatrist, is
next in Rousay on Tuesday
25th March 2025

Clinic Appointments are in the Small
Community GP meeting room at Rousay
School.

Community Transport is also available
and can be booked once you have an
appointment time by emailing
transport@rewdt.org or telephoning
07591 341670

Home visits can be arranged.

Appointments are £35 payable direct to Gemma at
the time of your appointment. The REWDT
Wellbeing 200 Grant can also be used to fund
appointment cost- terms apply.

To book an appointment or to find
out more please email
Nicky@rewdt.org or phone 821229



Community Transport

E-BIKES: At the recent Drop-In event, we shared an example of an e-bike long term loan scheme with the option to buy the bike at the end of the loan term. There is clearly enough interest for us to develop our own scheme along these lines. In the meantime, we continue to offer shorter term e-bike hire. If you'd like to hire an e-bike or want to know more about the loan-to-buy schemes, contact Christine by email: transport@rewdt.org or on 07591 3401670

DIAL-A-RIDE: Would you like to get to clubs, activities or events on the island but have no means of getting there? If so, we would love to help you!

We've been busy helping people who have difficulty accessing transport to get to the ferry and back, to the GP surgery and to clubs like the Tuesday Triangle Club or the CraftHub Monday coffee morning. We're equally happy to run people along to Marion's Shop or to the Post Office. Although most of our work is on the island, we also run a trip to town twice a month for residents to do any activity they choose, and we take people to planned hospital appointments at the Balfour.

If you are caring for someone who needs our transport support, remember that as a carer we are pleased if you come along too. Even if you have your own transport, it can often be that caring and driving at same time is difficult. We can offer you some respite from this by taking you both to hospital and back. To discuss further, please contact Christine on 07591 341670 or email: transport@rewdt.org



*The Crafthub @ The Space
Pop-Up Cafe Dates - February*



*Mondays 11am - 3pm
3rd Feb
10th Feb
17th Feb
24th Feb*



**Loyalty Cards now available
*Introducing Soup of The Day
throughout February*



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Thank You

Ellen would like to thank everyone for all the support and enthusiasm shown for the recent showings of her UHI project films. It is very much appreciated.

Special thanks to the Bairns and staff at Rousay Primary School and Morag Potter for all the puppet making adventures!

The Google Earth interactive map will be available shortly, but in the meantime all three films are live on YouTube if you would like to see them.

Here are the links

<https://youtu.be/4oygCiG0r1E> **The Search**

<https://youtu.be/SczFxUXeiiw> **The Knowe O' Deil**

https://youtu.be/NTohpcKcn_M **The Golden Mile**

ROUSAY BURNS SUPPER

A huge thank you to everyone for attending the 2025 Burns Supper, despite the poor weather. It was great to see so many people enjoying the meal & the dancing.

Thank you so much to Poppy for carrying in the haggis and Ellen, Angela, Bill and Rachel for the speeches.

A massive THANK YOU to the following people, it would not have been the night it was without you: Carey, Branwen, Gill, Zoë, Alison, Alice, Laura, Ellie, Bob, John, Grant, Kate, Peter, Katie, Eric, Muriel, Jo, Liz, Julia, Molly & Mollie.

And of course Craig, Sinclair and Eddie for the brilliant music.

The RCA AGM will be in April... come along and find out how you can help us with our future events.

Beauty by Han Han

Prices from

Hands and Feet

Gel Polish <i>(High shine, Chip free polish. Lasting up to 2 weeks)</i>	£27
Manicure	£20
Pedicure	£25
Manicure with Gel Polish	£32
Pedicure with Gel Polish	£35
Gel Removal	£15
or £10 with re-application of Gel Polish	

Massage

Full Body Massage	£50
Back, Neck and Shoulder	£28

Relax and unwind with these soothing treatments to ease aches and reduce tension. Choose from Aromatherapy or Swedish Massage.

Tinting

Eyelash	£12
Eyebrow	£ 8
Eyelash and Eyebrow <i>(Patch test required)</i>	£18

Facials

Full Facial - 1 Hour	£50
Mini Facial - 30 minutes	£28

Waxing

Eyebrows	£ 8
Lip	£ 5
Chin	£ 8
Nostril	£ 8
Underarm	£ 8
Forearm	£11
Full Arm	£15
Back	£10
Full Leg	£23
½ Leg	£16
Bikini	£12
Full Leg and Bikini	£30

Call Hannah on 07731 428809
to book an appointment

Tri▲ngle
Club

The Triangle Club will continue
to meet on Tuesdays
in the Rousay School
Community Room
from 10am to 2pm

for fun games, coffee, a chat
and a £6 soup & sandwich
lunch, followed by tea &
homebakes.

**Please let Alice Mainland know
each Sunday if you plan to come
for lunch for catering purposes.**



Rousay Church of Scotland

Service led by Rev. June Freeth

on Saturday 15th February 2025

at 3.30 pm

in the G.P. Room, Rousay School

followed by tea, coffee and homebakes.

All welcome – see you there!



ROUSAY HEALTHY LIVING CENTRE FEBRUARY 2024

REVISED SUPERVISED SESSION OPENING

MONDAY 6.30 - 8.30pm*
TUESDAY 6.30 - 8.30pm*
THURSDAY 6.00 - 8.30pm*
SATURDAY 4.00 - 5.00pm

SUPERVISED SESSIONS

Supervisor on duty
No buddy required

* If the gym is empty of users
15 minutes into the last
session hour we will close at
the earlier time of 7.45pm

BUDDY SYSTEM HOURS

Monday to Friday
9.00am to 3.00pm

REMINDER:

You must have a "buddy" with you
during these times. Please do not
use the gym whilst you are alone



MEMBERSHIPS

Full details: www.pickaquoy.co.uk/activelife

If you have recently joined us
please could you email us on
the address below to arrange a
very brief gym induction

GROUP X CLASSES



Monday @ 7.15pm



Tuesday @ 7.15pm

SUITABLE FOR ALL FITNESS LEVELS

Tel: 01856 821 443

Email: rousay.hlc@glow.orkneyschools.org.uk

Stephen Clackson's Letter from School Place

A regular, reliable report from your councillor in uncertain times in an uncertain world.

The storm at the winter solstice brought down some of the guttering at the West Manse and dislodged a ridge tile from a hip (but on the positive side it gave us an extra day to prepare for the arrival of two of our children for the festive period). At least our house is still intact, unlike so many homes in Los Angeles. As a former airfield firefighter, I am awed by how the wildfires manage to spread so rapidly and extensively through suburban residential neighbourhoods, and how the buildings are so utterly destroyed by them. One building in the area whose fire integrity is of particular interest to me is the Getty Museum, to whom my old college regrettably sold JMW Turner's *Van Tromp, going about to please his Masters, Ships a Sea, getting a Good Wetting* for £11 million in 1993. When I was a student, you could find yourself in the college picture gallery situated next to this 1844 narrative history oil painting whilst sitting an exam or sipping cocktails at a summer ball. I hope it survives.



Nonetheless, despite the likely link between these conflagrations and global warming, the once and future United States president, the half-Hebridean Donald Trump, on his first day back in office, ordered the USA out of the Paris Agreement on Climate Change. Given some of his earlier statements on Panama, Canada and Greenland, will he also be eyeing up Orkney and the largest natural harbour in the northern hemisphere as part of his expansionist strategic ambitions? Or even Sanday's Plain of Fidge for another golf course? The world has some uncertain years ahead. It is high time to heed the warning attributed to the USA's third president, Thomas Jefferson: "The price of freedom is eternal vigilance."

It has been a gentle start to 2025 at the Council—the calm before the February storm, when we'll undertake the challenging task of setting our budget in the current inclement financial climate. I've had a mixture of real and virtual meetings, including a catch-up with the convener and clerk of the Orkney & Shetland Valuation Joint Board.

It has come to my attention that some North Isles folk are unaware they may be entitled to a Smartcard for local concessionary ferry travel. (Residents of North Ronaldsay and Papa Westray can also receive concessionary entitlement for inter-island air travel.) In order to meet the required eligibility criteria, you must: 1) be in possession of a National Entitlement Card (Saltire Card); 2) be aged 65 or over, or meet the disability criteria; 3) be a permanent resident of Eday, Egilsay, Flotta, Graemsay, Hoy, North Ronaldsay, Papa Westray, Rousay, Sanday, Shapinsay, Stronsay, Westray, or Wyre. For further information write to: Transportation Service, Marine Services & Transportation, Enterprise & Sustainable Regeneration, Orkney Islands Council, School Place, Kirkwall KW15 1NY; telephone: (01856) 873535; or e-mail: ferryvouchers@orkney.gov.uk. You can also find details on the Council's website, www.orkney.gov.uk

Cllr Dr Stephen Clackson
Member for the North Isles Ward,
Depute Convener Orkney & Shetland VJB

West Manse, Sanday
stephen.clackson@orkney.gov.uk

Letter from School Place is also
available on-line at clackson.info



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