



The Review

Rousay's Community Newsletter
Published by Rousay Community Association SCIO SC051808
SEPTEMBER 2025

**Ted & Mandy's
Garden**

**Raising monies for
Loving Homes Dog
Rescue**



**Saturday 13th September
from 10.30am**

Judges:

Parade of Dogs

**Chris Dinnan
&**

Special Guest Judge

**BBQ from
12.30pm**

15 Fun Classes to enter

£2 for each entry

Have a go Agility available


Have a go Hoopers available

Edited by: Kayleigh Tipper, on behalf of Rousay Community Association SCIO

Subscribe / Submit Articles: kayleigh@aroundrousay.co.uk

Deadline for submission of articles for the next edition: 27th September 2025, 5pm

Fun Classes to include:



£2 per
class


Best Puppy
Prettiest Bitch
Handsome Dog
Golden Oldie
Best Trick



Best Rescue
Shortest Ears
Longest Ears
Waggiest Tail
Best Junior Handler



Fancy Dress
Dog most like its Owner
Dog Judge most likely to take Home
Best Sausage Catcher
Best in Show



or
6 classes
for £10

For more information
please contact either:

Kate - 07931 124664

or

Carolynne - 0797 9711222

ROUSAY CINEMA

Presents

The Penguin Lessons



Based on a true story

A disillusioned Englishman goes to work in an Argentinian school in 1976 and finds his life changed when he rescues an orphaned penguin.

Saturday 13th September

Rousay School - 8.00pm

Cert 12A - 1 hr 51 mins

Optional silver collection for funds

It's time for a Macmillan Coffee Afternoon and you're invited

Let's do whatever it takes
to support people living with cancer.

Place: **The Space, Rousay**

Date: **28th September 2025**

Time: **14:30 - 16:30**

Contact: **Crafthub @ The Space**
info@crafthuborkney.com

Raffle at 16:00

**Cake & Raffle prize donations
appreciated (please get in touch)**



MACMILLAN
CANCER SUPPORT



Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland(SC039907) and the Isle of Man (604). Also operating in Northern Ireland. MAC19933_InvitePoster



Rousay SWI

will next meet on **Tues 9 September 2025** at 8pm
in the Community Room at The School

When we will be putting our boxes together for
The Blythswood Shoe Box Appeal (leaflet emailed to members)

We have enough empty shoeboxes, but please bring:

- Sellotape
- Scissors
- Some xmas wrapping paper
- Item(s) for inclusion in a shoe box, these will be pooled and sorted into relevant categories
- Please go to www.blythswood.org or google blythswood shoebox appeal

-

Competitions:

1. Bonniest small milk jug
2. Three baked oatcakes

Morning Prayer

Sunday mornings between 09.00 to 10.00.

At The Pier Cabin

More information contact Frances Roebuck 07850064093

Rousay Horticultural Society

AGM

Monday 22nd September

at 7:30pm

GP Room, Rousay School

All welcome to help plan the 2026 Rousay Show schedule!

Please come along to this meeting - we need new members to ensure the annual Show continues.

CRAFTHUB @THE SPACE

SEPTEMBER EVENTS

01, 08,
15, 22,
29

SEPT

Pop-up Cafe

Every Monday 11am to 3pm
Come and enjoy some food and a natter
Hot drinks, soup with scone or bread and
homebakes.

Monday Music

Every Monday 7pm to 10pm
Free music & singing group for all ages
& abilities.

7, 14, 21, 28

SEPT

Rainbows, Brownies & Guides

Every Sunday 10:15 - 11:45
Meeting every Sunday during term time.

04
SEPT

Soulisquoy Printers

Thursday 11am - 3:30pm
REWDT Well-being printing workshop

06
SEPT

Soulisquoy Printers

Saturday 11am - 3:30pm
REWDT Well-being printing workshop

28
SEPT

Macmillan Coffee Afternoon

Sunday 2:30pm - 4:30pm
Raising funds for Macmillan Cancer Support

Made with PosterMyWall.com



Monday Music 19.00 to 22.00 at The Space Rousay

A free informal music and singing group for all ages and abilities

September 1st, 8th, 15th, 22nd, 29th and October 6th

More information contact Frances Roebuck 0785006409

Also point of contact for use the Community Grand Piano
(Supported by REW Development Trust and Crafhub)

A blue downward-pointing triangle with a dark blue border. Inside the triangle, the words "Tri▲ngle" and "Club" are written in dark blue, with a small triangle symbol between them.

Tri▲ngle
Club

A graphic of a wooden sign with the word "Welcome" in a yellow, bubbly font and "BACK" in a yellow, blocky font. The sign is decorated with green leaves and is placed on a background of autumn leaves.

Welcome
BACK

**ROUSAY TRIANGLE CLUB
RETURNS ON 2ND SEPTEMBER!**

**Following our summer break,
we will meet on Tuesdays
from 10am to 2pm
in the Rousay School
Community Room.**

**Join us for coffee, a chat, fun games
and a £7 soup and sandwich lunch,
followed by tea and homebakes.**

**All welcome but please let
Alice Mainland know each Sunday if
you plan to stay for lunch for
catering purposes.**

alicemnln@btinternet.com



Rousay, Egilsay & Wyre Development Trust

Company Registration No: SC318527 Charity No: SC040407

REWDT, The Pier Cabin, Rousay, Orkney KW17 2PU Tel: 01856 821229

email: info@rewdt.org website: www.rewdt.org

ROUSAY LAP 2025

The Trust would like to thank everyone involved in this year's Rousay Lap for making it such a great day, especially the volunteer marshals, without whom we could not hold the Lap, and The Crafhub for letting us use The Space for the registration and for providing such wonderful refreshments.

The weather was wonderful and very sunny this year. At 12 noon Lloyd started the Lap, with 57 cyclists, runners and walkers taking part.

The results for the cyclists were: First place went to Erik Bews; Second place went to Ashley & Cathy Brown on a tandem; And third place to Rousay's own Darren Akid.

The results for the runners were: First place was Will Dupre; Second place was Catriona Laing; And third was Mark Flett.



The results for the walkers were: First back was Paul Kesterton; Joint second places went to Amy Johnston, Saha Ratnayete & Erin Montgomery, all crossing the finish line together.

Photos are available to see and download from the REW DT's Facebook page <https://www.facebook.com/rewdt>

Thank you also for the generous donations we received this year: £249.50 on the day and more coming via our online booking with Event Entry. All proceeds will go to local island groups on Rousay.

Next year's race will again take place towards the end of August, details will be on our website and Facebook page nearer the time. We look forward to seeing you all again next year.



Sharing Shed

The Sharing shed is open Monday to Wednesday 09.30 to 12.30 in the old Pier Shop

Pop in and see many great items available to take and re-use. Lots of books, clothes, games and household items available!

Items for Donation- We are full with clothes and books so please donate these items elsewhere for now. Large items by prior arrangement only please, email nicky@rewdt.org Thank you!



REWDT Grants awarded to residents & groups July 2025

- 8 Well-being Grants**
- 2 Education & Skills Bursaries**
- 1 Community Activity Grant**
- 1 General Grant**



Total amount awarded in July:
£ 4,388.70

Interested in learning a new skill.....?

The REWDT Education & Skills Bursary can fund 90% of REW resident course fees, up to a maximum of £750



We can also fund up to £100 travel costs and £100 accommodation costs in order for you to attend your course off-island



grants@rewdt.org



01856 821229



Pier Cabin, Rousay
Office open for drop-ins
Mon-Wed 9am-12:30pm



Yoga Taster Sessions!

Come along to one session or both!

Hatha Yoga- Tue 2nd Sept, 17.30 to 18.30

Chair based Yoga- Wed 3rd Sept, 10.30 to 11.15 followed by refreshments

In the Community Green Room, Rousay School
With Yoga Teacher Lisa Croft

No experience needed

All adults (16yrs+) Welcome

No need to book- just turn up!

Please wear comfy clothes

Hatha Yoga- please bring a blanket or large towel and tea towel or scarf and a yoga mat if you have one.

Seated yoga- please bring a lap blanket or large towel

For more info email nicky@rewdt.org



COMMUNITY FUND

Pier Restaurant

The Steering Group overseeing the repair of the Pier Restaurant met on 26th August to plan for bringing the building back into community use. The aim is to have it in use quickly and cheaply to start with, while longer-term plans can be drawn up involving the rest of the community. If you would like to be involved with the work of the Steering Group, please get in touch with Lloyd at the Trust.



YOUTH Newsletter

Aug2025



Sincere thanks to everyone who helped facilitate our family picnic last Sunday.

It was great to see everyone enjoying themselves and we were really lucky with the weather!



Twilight Bat Walk

Join us for an evening of Bat detection, with Sam Stringer from Species on The Edge.

20th September 19.15 – 20.45

There will be a casual briefing before hand, with time for questions.

Open to all (under 16's to be supervised)

Where: Trumland House – Please meet at the REWDT Office for 19.15

Foot passenger tickets available for Egilsay and Wyre residents

Wrap up warm, and bring a torch!

Please contact Hannah@rewdt.org or call 01856 821229 to book

Produce Market

Coffee Morning

Buy, Swap & Sell

Do you have any Produce to sell or swap? Producers offering things such as garden produce, eggs, jam or crafts are invited to sell or swap! Just turn up, no booking required, and no amount too small!

Come and browse local produce, grab a coffee and enjoy the atmosphere

Bacon Roll and Coffee £6

Where: The Taversoe
When: 27th September
Time: 9am - 11am

Any question please call Hannah on 01856 821229 or email Hannah@rewdt.org

YOUTH Newsletter

Aug2025

NEXT UP... PAINTBALL!

Sept 21st... Save the date!

Min age 11 years
 Parent helpers needed, welcome to join in!
 Packed lunch required

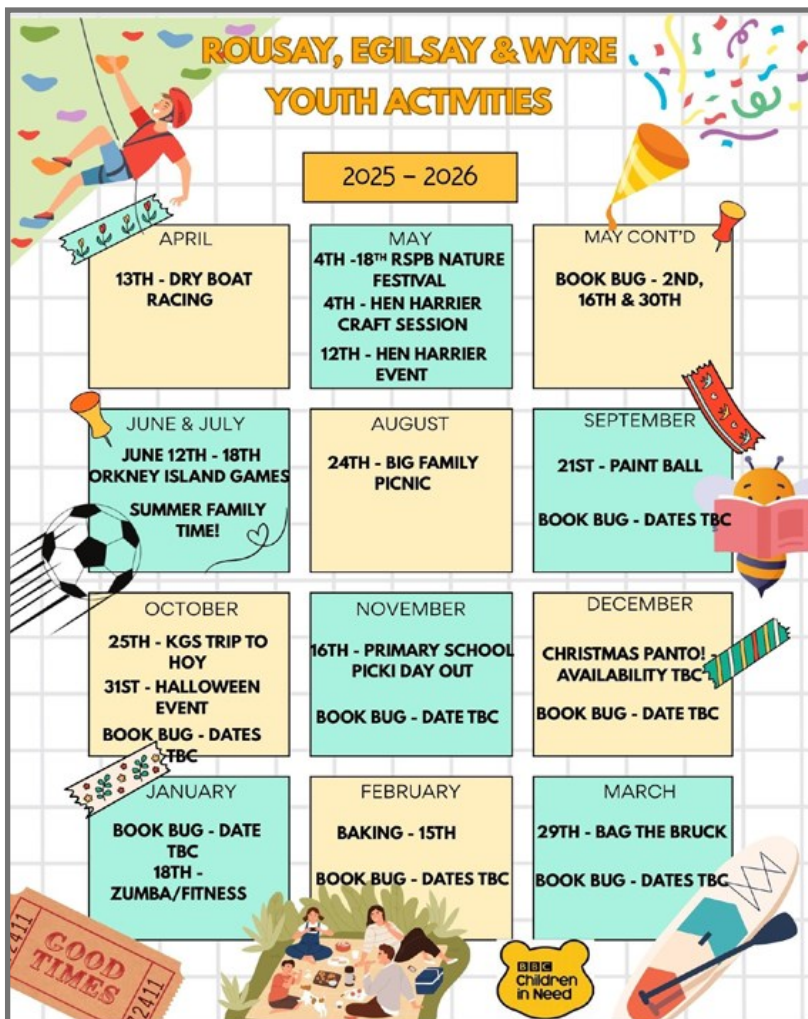
ORKAN ADVENTURES PAINTBALL

SUN 21st SEPT 12:00 - 15:00 TBC

Confirmation of attendance essential for booking

RSVP rachel@rewdt.org

*We provide the most up to date equipment, marshalling and H&S. All marshalls are First Aid qualified and full health & safety gear is provided. All you need is an old pair of shoes!



DIAL-A-RIDE SERVICE

The Dial-a-Ride van is now back in service, having been off for over two months waiting for a spare part to fix an electrical fault. That has finally been done and the van is back from Thurso.

We apologise for any inconvenience its absence may have caused, and thank everyone for their patience. Particular thanks to the drivers, who found ways around the problem, including using their own vehicles.

To book the Dial-a-Ride please phone :07591 341670 or email: transport@rewdt.org




Biosecurity on Rousay Workshop

Meet at Bellona Cottage
Thursday 18th September 2025
Workshops starting at 10am and 2pm

Come along and find out how you can help monitor, record and protect Rousay's wildlife. Biosecurity Officer Dougie Beaumont will be running a biosecurity volunteer workshop!

For questions, email douglas.beaumont@rspb.org.uk

Website:




Protecting our native wildlife together:




Rousay Visiting Podiatry Service

WALKABOUT PODIATRY SERVICE
Gemma Reid, BSc Podiatry Podiatrist
HOME VISIT SERVICE
Treatment of a variety of foot problems
hpc Registered

Gemma Reid, Podiatrist
Tuesday 4th November 2025

Clinic Appointments are in the Small Community GP meeting room at Rousay School.

Community Transport is also available and can be booked once you have an appointment time by emailing transport@rewdt.org or telephoning 07591 341670

Home visits can be arranged.

Appointments are £35 payable direct to Gemma at the time of your appointment. The REWDT Wellbeing 250 Grant can also be used to fund appointment cost- terms apply.

To book an appointment or to find out more please email Nicky@rewdt.org or phone 821229



ISLAND WELLBEING PROJECT-REW
a partnership project



ROUSAY HEALTHY LIVING CENTRE

SUPERVISED SESSION OPENING HOURS

MONDAY 6.30 - 8.30pm*
TUESDAY 6.30 - 8.30pm*
THURSDAY 6.00 - 9.00pm*
SATURDAY 4.00 - 5.00pm

SUPERVISED SESSIONS

Supervisor on duty
No buddy required

* We will shut early if the gym is empty of users half an hour before the advertised close time.



Updates can be found
on our various
Facebook pages:

BUDDY SYSTEM

Mon -Thur 9am to 4pm
Friday 9am to 3pm

Should Mrs Ferguson be unable to remain open till 4pm due to school commitments we will do our very best to inform the buddies as soon as we can on our Facebook group.

"Rousay Healthy Living Centre"
"Rousay HLC - Group X Classes"
"RHLC Buddy System"



MEMBERSHIPS

Full details: www.pickaquooy.co.uk/activelife

If you have recently become an Active member please could you give us a quick email on the address below to arrange a very brief safety induction.

ActiveLife & ActiveIslands give you access to the gym and Group X Classes. Budget £1 per session.

ROUSAY GROUP X CLASSES

BOXERCISE

FATBURN
EXTREME

KEEP AN EYE ON FACEBOOK FOR UPCOMING CLASS DATES.

Tel: 01856 821 443

Email: rousay.hlc@glow.orkneyschools.org.uk



Beauty by Han Han

Prices from

Hands and Feet

Gel Polish	£30
<i>(High shine, Chip free polish. Lasting up to 2 weeks)</i>	
Manicure	£25
Pedicure	£30
Manicure with Gel Polish	£40
Pedicure with Gel Polish	£45
Gel Removal	£15
or £10 with re-application of Gel Polish	

Massage

Full Body Massage	£50
Back, Neck and Shoulder	£30

Relax and unwind with these soothing treatments to ease aches and reduce tension. Choose from Aromatherapy or Swedish Massage.

Tinting

Eyelash	£12
Eyebrow	£ 8
Eyelash and Eyebrow	£18

(Patch test required)

<u>Facials</u>	
Full Facial - 1 Hour	£50
Mini Facial - 30 minutes	£30

<u>Spray tanning</u>	from £25
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<u>Waxing</u>	
Eyebrows	£ 8
Lip	£ 5
Chin	£ 8
Nostril	£ 8
Underarm	£10
Forearm	£11
Full Arm	£15
Back	£10
Full Leg	£25
½ Leg	£18
Bikini	£15
Full Leg and Bikini	£30

Call Hannah on 07731 428809
to book an appointment



Stephen Clackson's Letter from School Place

Reporting on the exploits and observations of your councillor during the summer recess.



Luggage lockers at Edinburgh Bus Station. Orkney should have them too.

During the recess I visited Edinburgh. It is instructive as a councillor to compare local services elsewhere with ours at home. For example, Edinburgh City Council provides luggage lockers at Edinburgh Bus Station (see photograph above). Such lockers as these would suit our ferry waiting rooms at Kirkwall and our travel centres perfectly. If Edinburgh City Council can do it, I'm sure Orkney Islands Council can do it too. I also like the way Edinburgh City Council runs its own buses. You may remember the very similar lockers I spotted at German railway stations last autumn (see [Issue 142 of my Letter](#)).

I'd like to remind residents of the outer North Isles that they are entitled to free parking at Kirkwall Airport. You can get an application form from the airport or by e-mailing info@hial.co.uk, and you will need to provide a copy of your vehicle's V5 document. Once processed, your vehicle registration (one per household) will be added to the airport's automatic number plate recognition system, allowing free parking when travelling inter-island. Very useful if you commute by air.

I've lost track of for how long we've been asking for a third aircraft, so I am delighted that one now appears to be in the offing at last. If utilised wisely and timetabled intelligently, a third aircraft could make a major contribution to improved connectivity in the North Isles. For example, it could permit more inter-island links, and it could also enable sensible flight connections with external aviation services (e.g. for islanders with NHS appointments south). How the third aircraft is to be deployed definitely needs to be fully discussed with the island residents and their community council transport representatives.

Twenty-four days before the Sanday Show, the ban on gatherings of Galliformes was lifted, so chickens (including some of ours) were on display in the poultry section. Sadly, the ban remained in place for Anseriformes, so there were no ducks or geese at the Show. I'm pleased to say our black cock "Satan" won 1st *Light Breed Cock/Cockerel*.

It happened again! Thirteen months after the last pilot whale mass stranding on Sanday (see [Issue 138](#)), another 23 were found beached and dead, this time at Roo Beach. I visited the site (see photograph below) with the Council officer tasked with assessing the situation and met the Chairman of Sanday Community Council. We all agreed that this time the least disruptive and most effective solution would be to leave them *in situ* and let nature take its course. This approach was endorsed by the statutory agencies and other relevant bodies. The public is urged to stay away from the area in the meantime. Based on what is distressingly becoming our extensive experience, and working with organisations such as SEPA, NatureScot, BDMLR and SMASS, OIC is developing a comprehensive cetacean stranding protocol and guidance document. It'll be the first document of its kind developed by any council in Scotland, marking a significant step forward in coordinated stranding responses.

Throughout the recess I have remained an active councillor: keeping up with casework, answering e-mails, and also attending some council-related meetings. I ended the recess by joining fellow Sanday senior citizens on an outing to Caithness and Sutherland (on Highland Council's patch).

Cllr Dr Stephen Clackson
Member for the North Isles Ward,
Depute Convener Orkney & Shetland VJB

West Manse, Sanday
stephen.clackson@orkney.gov.uk

Letter from School Place is also
available on-line at clackson.info



Photo credits: Stephen Clackson & Kenny MacPherson.

